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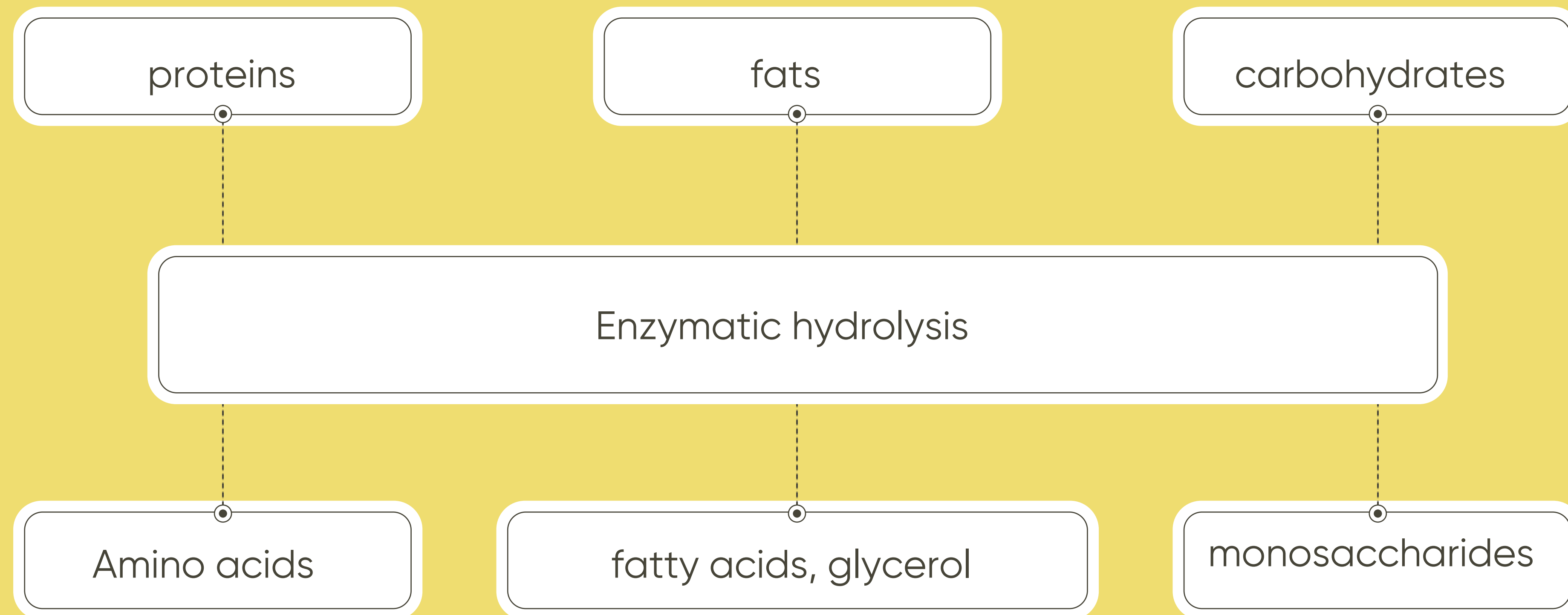
# Chewable Papaya

A delicious journey to  
healthy digestion



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

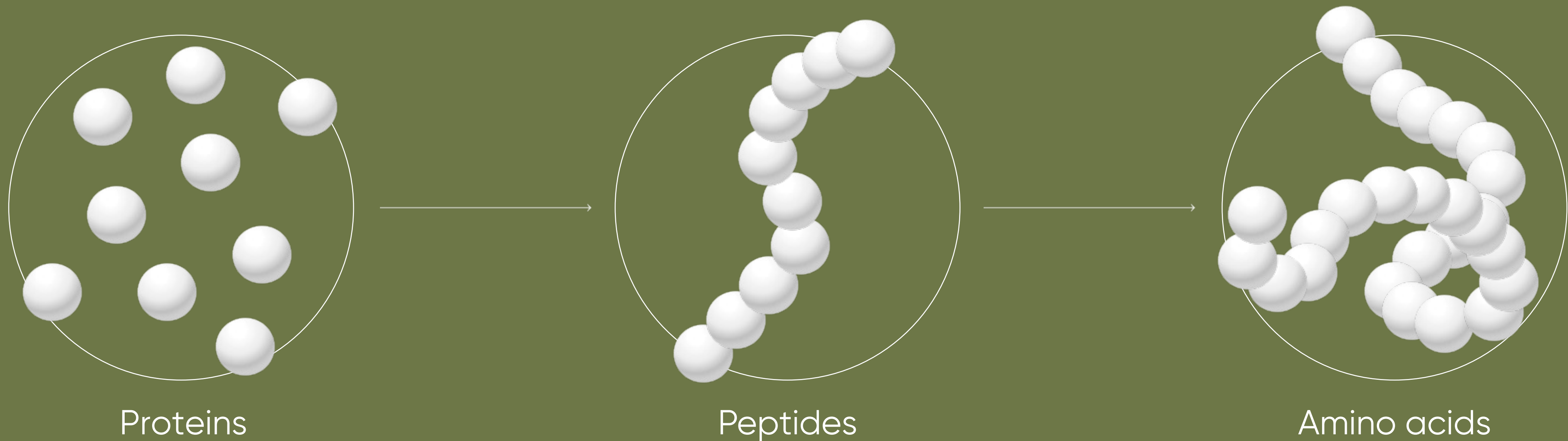
One of the main tasks of digestion is the processing and conversion of organic macronutrients in food (proteins, fats, carbohydrates) into basic compounds that are accessible for absorption and further utilization by the body.



Enzymatic hydrolysis is the process of breaking down organic molecules with the involvement of digestive enzymes.

Enzymes have specializations – they break down only specific groups of substances: proteolytic enzymes (proteases) work with proteins, lipases with fats, and glycosidases with carbohydrates.

## Digestion of Proteins



Amino acids are the body's primary building blocks. Therefore, the quality of the breakdown and absorption of proteins are crucial.

Proteins in the diet lay the foundation for healthy and active life. However, up to 20-30% of proteins may not be absorbed by the body.

[1,2,3]

It is particularly important for the following groups of people to enhance their protein absorption:



Elderly persons

Vegans and vegetarians

Athletes and anyone else following protein-rich diets

Those recovering after an illness

Those leading a sedentary lifestyle or are constantly under stress



# Excess spoils the pleasure of it all

The desire to maximize the benefits of protein can lead to its excess in the diet and cause gastrointestinal discomfort.

The quantity of proteases produced by the body is limited, so when overindulging in protein-rich foods (such as seafood or barbecue), they cannot efficiently digest the protein, leading to a sensation of heaviness in the digestive system.

Proteases are a class of enzymes, i.e., biological catalysts, that assist in 'cutting' the long chains of amino acids comprising proteins into shorter peptides and individual amino acids.



# In addition, protein digestion can be impaired by:

a lack of enzymes

water imbalance

bad habits (smoking,  
alcohol)

gut microflora imbalance

lack of fiber  
in one's diet

To ensure that protein foods are better digested, and that digestion is comfortable even with dietary irregularities and changes in one's lifestyle we created **Chewable Papaya**.



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**Chewable Papaya**

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# An important product for digestive support

A complex of plant enzymes from papayas, pineapples, turmeric root extract and vitamin B2 helps support digestion and absorption of protein-containing foods.



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# Chewable Papaya: a well-thought-out composition in a convenient format

## In 1 daily dose (3 chewable tablets):

- 225 mg papaya fruit extract (Carica papaya)
- 60 mg bromelain
- 9.9 mg turmeric rhizome extract (Curcuma longa)
- 0.45 mg vitamin B2

## Chewable form advantages:

- no need to take with water
- easy to take in any circumstances (when traveling or on business trips)
- active ingredients work quickly, starting in the oral cavity and continuing throughout the digestive tract

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# Chewable Papaya is supplemented with vitamin B2 and turmeric extract

Vitamin B2 is involved in carbohydrate, protein and fat metabolism, additionally it aids in the protein energy-release process.

Turmeric extract supports bile production and stimulates healthy metabolism.

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# Chewable Papaya is produced by TCI, a high-tech company

- A new-generation technology park, a research science center of 9 integrated laboratories and state-of-the-art production facilities.
- Energy efficient and environmentally friendly production. More than 70% of the energy consumed by the production facility is renewable solar energy.
- TCI is part of the Re100 initiative, whose goal is 100% utilization of renewable energy sources by 2030.

# Chewable Papaya helps:



Support processes that improve digestion and absorption of protein-containing foods



Reduce discomfort after eating



Maintain gastrointestinal health



Support your immune system

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# Chewable Papaya:



Advanced formula with bromelain enzymes and papaya extract



Tasty chewable tablets for a comfortable digestion



Supplemented with turmeric root extract and vitamin B2



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# Chewable Papaya

2196

Bonus points

6.0

Club price

\$11

Retail price

\$13.75



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healthy digestion



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# Research and literature

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2. Davila AM, Blachier F, Gotteland M, Andriamihaja M, Benetti PH, Sanz Y, Tomé D. Re-print of "Intestinal luminal nitrogen metabolism: role of the gut microbiota and consequences for the host". *Pharmacol Res*. 2013 Mar;69(1):114-26. doi: 10.1016/j.phrs.2013.01.003. Epub 2013 Jan 12. <https://pubmed.ncbi.nlm.nih.gov/23183532/> PMID: 23318949.
3. Richter M, Baerlocher K, Bauer JM, Elmadfa I, Hesseker H, Leschik-Bonnet E, Stangl G, Volkert D, Stehle P; on behalf of the German Nutrition Society (DGE). Revised Reference Values for the Intake of Protein. *Ann Nutr Metab*. 2019;74(3):242-250. doi: 10.1159/000499374. Epub 2019 Mar 22. PMID: 30904906; <https://pubmed.ncbi.nlm.nih.gov/30904906/> PMCID: PMC6492513.
4. Roxas M. The role of enzyme supplementation in digestive disorders. *Altern Med Rev*. 2008 Dec;13(4):307-14. <https://pubmed.ncbi.nlm.nih.gov/19152478/> PMID: 19152478.



# Chewable Papaya contains a combo of plant enzymes and extracts

## Bromelain

Derived from the stems of pineapples



## Papaya fruit extract

Supports improved protein digestion and absorption

**Synergistic Complex**  
Supports improved protein digestion  
and absorption

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# Is it enough to add ripe papaya fruit or pineapple juice to your diet?

Bromelain is contained in the inedible part of pineapples (core and stems), and ripe papaya fruits have too little papain.

In addition, the effectiveness of vitamins and beneficial components is reduced during transportation and fruit storage.

That's why Chewable Papaya production is located near the place where pineapples and papayas are grown, which allows for maximum valuable component preservation. Extracts are obtained from plant parts with maximum plant enzyme content.

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